

「Shine!」とは、中期留学生の留学先での学校生活やホストファミリーとの生活の様子を、城西高校HPをご覧の皆さんにお伝えするものです。

高校2年生 阿部 将希 くん 【ニュージーランド Massey 高校 (姉妹校)】

Challenges and Growth in a New Environment

This month has been especially interesting and stimulating for me because I experienced lots of things. First, the biggest event here was Tabloid Athletic, which was like a sports festival. It was incredibly fun and I participated in various activities, trying as many sports as I could. However, more than just the enjoyment, what struck me the most was the differences in values and the strength of unity among people. I felt that people in New Zealand tend to respect individual differences more than Japanese people, and that they seem to prioritize enjoyment and personal expression, and I noticed a mindset that values dependence, which I really loved. From the perspective of differences in values, I found that there are many kind people, but at the same time, I also encountered mean people who directly say mean things. They were stressful, but I had so many kind and funny people around that I was able to forget about it in a few days. I've already gotten used to life here, and I'm satisfied with my current life. However, what I am still struggling with is my English. Even though I study English every day and spend my morning tea and lunch breaks talking to girls from other countries, I still cannot keep up in group work or business class discussion. It is really tough, but I really enjoy talking to people and I am trying to do my best every day. Another event was a driver's education program for Year 12 students. This program covered not only how to drive but also

traffic rules and strategies for reducing traffic accidents. I heard the story of a woman who lost her family in a traffic accident and was left with a disability herself, and it made me feel very sad. However, I made some new friends there, and it turned out to be a great memory. After all, the happiest and most enjoyable moments were the times I spent talking with friends. I really don't want to go back to Japan. Overall, I'm having a fulfilling and enjoyable time, and I hope to continue growing through these experiences.



成長

この一か月はとても成長を感じられ、楽しい日々でした。一つ目の行事はタブロイドという体育祭のようなもので、たくさんのスポーツに参加でき、日本とは全然違った種目が多く楽しい時間を過ごせました。ですがこの行事を通して、驚いたことは価値観の違いと団結力の強さです。ニュージーランドの人々は個人の違いを重要視し、日本よりも楽しさを第一に考えるので、種目から雰囲気、考え方もすべて違い、それらがすごく楽しかったです。優しく、話していて楽しい人もたく

さんいましたが、それと同時にとても性格が変わっていて、悪口を言ってくる人とも、出会いました。いろんな人と関わって、いい経験になりました。そしてここでの生活にも慣れてきて、快適な日々を過ごせています。ですが未だに苦労していることが、英語力です。毎日モーニングティーとランチの時間は海外の女の子と友達と話し、楽しみながら日常の会話を学んでいると思います。そして、普通の会話は徐々に慣れてきていますが、それでもビジネスの授業でのグループワークやディスカッションでは理解できないとき、本当につらい気持ちになり、悔しく、よりいっそう勉強のモチベーションが上がりました。そしてもう一つ印象に残った行事は車の研修です。交通事故の防ぎ方や障害を負ってしまった方の話を聞き、悲し

くなりました。でも結局新しい友達ができ、いい思い出になりました。正直まだ日本には帰りたくないですが、これからも残りの時間を大切に、いい思い出を作れるように努力しようと思います。



高校2年生 中嶋 司 くん 【ニュージーランド Massey 高校 (姉妹校)】

Sport Festival

I had a sport festival at Massey high school. It was very fun and different from Japan. I think there are two main points.



First, there was more freedom. In Japan, sport festivals usually have a detailed schedule, and students have got to follow it. However, at Massey high school, we didn't have a fixed

schedule. We could move freely and play many sports with my friends at any time. I like this style because I like freedom. I felt relaxed and enjoyed spending time with my friends. Second, the costumes were very interesting. I was surprised by them because students could come to school wearing funny costumes. I saw Spiderman, princesses, and even some topless people. It looks very fun, and I wanted to try it. I didn't have a costume this time, because I didn't know it was a very fun and good experience, but if I go back to New Zealand during the sport festival, I will bring a unique costume. Also, I didn't talk much with Japanese students. Because of that, I talked more with international students. I made many new friends from different countries. At first, it was difficult because their English was fast, and I couldn't understand everything. However, they

were so kind, so they spoke slowly for me. I tried speaking English as much as possible.

From this experience, I am learning, trying new things, and communicating with others is very important. There were many differences from Japan, and everything felt new and exciting. This sport festival became a great memory for me to experience.

スポーツフェスティバル

私はマッセイ高校でスポーツフェスティバルを経験しました。それはとても楽しく、日本とは違っていました。私は2つの大きな違いがあると思います。一つ目は、日本より自由がありました。日本の体育祭は通常細かいルールやスケジュールがあり、生徒たちはそれに従わなければいけません。しかし、マッセイ高校では細かいルールがありませんでした。私たちは自由に動き回り、いつでも友達とスポーツをすることができました。私は自由が好きなのでこのスタイルが気に入りました。リラックスして友達と楽しめました。

次に、コスチュームがとても面白かったです。生徒たちは自分のチームカラーの面白いコスチュームを着ることができたので、スパイダーマンやプリンセスや上半身裸の人もいました。私もやってみたかったのですがコスチュームを持っておら

ず、できませんでした。もしニュージーランドのスポーツフェスティバルに行くことがあったら面白いコスチュームを持っていきたいです。また、日本人の生徒とはあまり話しませんでした。その代わりに、海外の生徒と沢山話すことができました。そして、いろいろな国の新しい友達ことができました。最初は会話の速度が速くてすべてを理解するのは難しかったですが、みんなとても親切で私のためにゆっくり話してくれました。なので、私は積極的に英語を話すことができました。この経験から、新しいことに挑戦し、人とコミュニケーションを取ることの大切さを学びました。日本とは異なるところが多く、すべてが新しく毎日ワクワクしています。このスポーツフェスティバルは私にとってとてもいい経験になりました。



高校1年生 鷺巣 温哉 くん 【ニュージーランド Henderson 高校】

I've been getting used to it for two months

After two months, I have gotten used to my classes and to life in New Zealand. I am enjoying my days much more than in the first month, and I feel more comfortable at school and with my friends. This month, I had many good experiences that became special memories for me. The most impressive experience was going

to Snow Planet. Snow Planet is an indoor ski area where people can ski and snowboard. I tried snowboarding, and it was very exciting and fun. I was surprised because it was summer in New Zealand, but I could still enjoy snow sports. The snow was not natural, but it still felt real, and the place was very big. I had not been to an indoor ski place before, so it was a new and

interesting experience for me.



At school, we also had a sports day. It was a little different from sports days in Japan. There were only running events, and students could choose whether they wanted to join or not. Some students came to watch but did not participate, which was also different from Japan. I joined the 100-meter race, the 200-meter race, and the relay. I got first place in the 200 meters and the relay, but I got second place in the 100 meters. I felt a little disappointed, but I was still happy with my results. In the relay, we talked as a team and practiced how to pass the baton, so we did very well. We also had a volleyball event at school. My team got third place. Even though we did not win, it was very fun, and I made great memories.

慣れてきた2ヶ月目

2か月目になってやっと授業もニュージーランドでの生活にも慣れてきて、1ヶ月目よりもとても楽しめていると思います。この2ヶ月目で最も印象的だったものがあります。まず、スノープラネットという場所に行ったことです。スノープラ

ネットという場所はスノーボードやスキーができる屋内スキー場でとても広くて楽しかったです。私はスノーボードをしました。ニュージーランドは夏でスノーボードができると思っていなかったのでとてもうれしかったです、久しぶりにスノーボードができて楽しかったです。また志賀高原とは違い、屋内だったため人口の雪でした。屋内のスキー場はあまり行ったことがなかったので新鮮でした。次に、学校の行事の体育祭のようなものです。日本の体育祭とは違い、いろいろな競技をするのではなく、陸上競技しか種目にありませんでした。また協賛は自由参加であったり、会場に来ていても競技に出場しない人がいたり、日本と違うことが多かったです。私は100m走、200m走、リレーに出場しました。200m走とリレーは1位でしたが、100m走は2位でとても悔しかったです。リレーはチームメイトと話し合ったりして、バトンの渡し方などがうまくできました。とても楽しめたので良い思い出になりました。また他の学校行事では、バレーボール大会というものをやりました。残念ながら私のチームは3位で悔しかったけど、とても良い思い出になりました。



It was fun but it was hard

My study abroad was very exciting. I have many memories. Some memories are very happy, and some memories are very sad. I want to tell you about my life.

First, I had a great time with my friends. I made many friends from different countries. We played together every day. After school, we went to many places. We went to the park and played soccer. We went to the mall and bought some juice. We talked a lot. In school, we hung out during break time. It was very fun. I liked talking with them in English. Sometimes it was difficult, but they were very kind. We laughed every day. I love my friends very much. Second, I love my host family. They were like my real family. We ate dinner together every night. The food was very good. I liked their cooking. While we ate, we talked about many things. I told them about my school. They told me about New Zealand. On weekends, we played together. We went to the supermarket and the park. I was very happy because they were very warm. I felt at home. I will miss them very much.

However, I had some problems too. These were very big and difficult for me. The first problem was my phone. One day, I lost my mobile phone. I looked for it everywhere. I looked in my bag, under the desk, and in the kitchen, but I could not find it. I was very sad and scared. In a foreign country, a phone is very important. I could not call my mother or father in Japan. I could not use the map. I did not know the way to my house. It was a very big problem. My friends helped me, but we did not find the phone. I learned that I must be careful with my things.

The second problem was a sports injury. I like basketball very much. One day, I played basketball at school with my friends. I was running fast, but I fell down. It hurt a lot. I went to the hospital with my host father. The doctor looked at my arm and said, "Your bone is broken." I was very shocked. I had to wear a white cast. I could not play basketball for a long time. I could not use my arm, so I could not carry my bag. It was very difficult to take a bath and put on my clothes. I felt very sad because I wanted to play with my friends, but my friends and family were very kind. My friends carried my bag for me. They said, "Are you okay?" My host family helped me every day. I was very happy because I have great people around me. I learned that kindness is very important. In conclusion, my study abroad was a big adventure. I had a lot of fun with my friends and family. I also had big problems like losing my phone and breaking my arm, but these problems made me strong. I am very happy now. I think studying abroad is the best experience. I want to come here again.



楽しいけど大変

今回の留学生活は、私にとって一生忘れることのない、かけがえのない経験となりました。一番の思い出は、現地で出会った友人やホストファミリーと過ごした温かい時間です。放課後に友達と遊びにやモールやゲームセンターのような場所へ遊びに行ったり、学校の休み時間に何気ない会話で笑い合ったりしたこと、私にとって大切な宝物です。また、ホストファミリーと一緒に食卓を囲み、その日の出来事を語り合った時、ものすごく幸せを感じ、まるで本当の家族のような安心感を与えてくれました。

一方で、大きな試練もありました。携帯電話をなくすトラブルがあり、必死に探しましたが、見つかりませんでした。また、バスケットボールの試合中に激しく転倒し、骨を折ってしまいました。異国の地で自由に体が動かさない不自由さはありませんでしたが、私は諦めずに前を向いて過ごしました。

また、友達が毎日カバンを持ってくれたり、周囲の人が温かく声をかけてくれたりしたおかげで、人の優しさを心の底から実感できました。

これらの困難を自分の力と周りの支えで乗り越えたことで、以前よりもずっと強い自分になった気がします。この留学で得た自信を胸に、これからも様々なことに挑戦したいです。



高校1年生 宮野 絢羽 さん 【ニュージーランド Hobsonville Point 高校】

A new experience

It has been two months since I came New Zealand. I went to a lot of places. I had many new experiences.



I went to two festivals and sky tower last

Saturday. First, I went to something like a harvest festival. There were handmade shops and a small amusement park. It was interesting because there were many things different in Japan. I watched a sheep shearing show for the first time. I was glad to watch because sheep are famous in New Zealand. Next, I went to Pasifika festival. There are many small islands near New Zealand. I enjoyed these small islands' food and dancing. My host mother bought me a flower hair clip at a Samoan area. I was really happy. The shop staff told me that people with a partner wear it on their right ear, people without a partner wear it on their left ear. After that, I went to sky tower. Sky tower is smaller than Tokyo sky tower. It is 328meters. There were

many trees and mountains, and it was very beautiful. I realized again that I love New Zealand. That night, I ate lamb for the first time. It was delicious. I was surprised because lamb was sold at the supermarket.

School will finish soon. I couldn't understand what my teacher and classmates said at first, but now I can understand. I think I can speak English better than a month ago. I'm going to play the drums and try bouldering with my classmate. I want to have fun.

新しい経験

ニュージーランドに来てから2カ月が経ちました。色々なところに行きました。初めての経験を沢山しました。先週の土曜日に、ホストファミリーと2つのフェスティバルとスカイタワーに行きました。最初に、農業祭のようなものに行きました。手作りのものや小さな遊園地がありました。日本と違うものばかりで面白かったです。羊の毛を刈るショーを初めて見ました。羊はニュージーランドで有名なので見られてよかったです。次に、パシフィカフェスティバルに行きました。ニュージーランドの近くには、小さな島が沢山あります。その小さな島の、食べ物やダンスを楽しめました。サモアのエリアで、ホストマザーがお花の髪飾りを買ってくれました。とても嬉しかったです。パ

ートナーがいない人は左耳に、パートナーがいる人は右耳に付けると、お店の人が教えてくれました。そのあとに、スカイタワーに行きました。スカイタワーは東京タワーよりも少しだけ低く、328mです。木や山が沢山あり、とても綺麗でした。改めて、ニュージーランドが好きだと思いました。その日の夜に、初めてラム肉を食べました。美味しかったです。スーパーにラム肉が売っていて、驚きました。

学校がもう少しで終わります。最初の頃よりも、先生や生徒の言っていることが聞き取れるようになりました。英語も一か月前よりも話せるようになったと思います。更に、話せるようになるために友達や家族と積極的に話したいです。今度、クラスの友達と、ドラムとボルダリングをしに行く予定です。楽しみたいと思います。

