

-Passage-

Bike to Work

These days, a lot of people in Japan ride their bikes to work. Riding a bike is good for your health. It is becoming popular as a simple way to exercise in daily life. However, the number of bicycle accidents is increasing, so you should make the effort to wear a helmet when you are on your bike.

-Questions-

- 1 Please read the passage silently for 20 seconds.
- 2 Please read the passage aloud.
- 3 According to the passage, why should you make the effort to wear a helmet while riding on a bike?
- 4 These days, many people like to exercise for their health. Do you do anything for your health?

Yes, I do. → Please tell me more.

No, I don't. → Why not?